

Healthy Food Drive DONATIONS



**ISLAND
HARVEST**[®]
MEMBER OF
FEEDING
AMERICA

Nourishing Long Island's Future

Non-Perishable Goods*:

Canned Beans/Dried Beans
Peanut Butter or Other Nut Butters
Canned Fruit in Natural Juice (Not in syrup)
Canned Vegetables (Low-sodium)
Low-Sodium Soups
Canned Tuna/Chicken/Salmon
Brown Rice or Quinoa
Nuts/Seeds/Dried Fruits
Shelf Stable Milk and Milk Substitutes
Whole Grain Pasta
Low-Sodium Pasta Sauce/Tomatoes
Popcorn Kernels (Not microwave popcorn)
Whole Grain, Low-Sugar Dry Cereal or Oatmeal
Olive or Canola Oil

Toiletries & Personal Hygiene:

Toothpaste /Toothbrush
Soaps/Body Washes
Deodorant
Shampoo/Conditioner
Disposable Razors/Shaving Cream
Feminine items

Baby Essentials:

Baby Formulas (Unopened/Not Expired)
Diapers/Diaper Rash Ointment
Baby Wash

Household & Pet Supplies:

Laundry Detergent/Dish Detergent
Cleaning Sprays or Wipes
Toilet Paper/Paper Towels
Pet Food - Wet and Dry

*Imagine the joy of a child who
gets to eat a wholesome meal
because of your generosity.*

***Together, we CAN make a
real difference in our work
to end food insecurity.***

Scan code to contribute!
Every \$1 supports 2 Meals



**Pop-top cans and individual
serving containers preferred.*

Innovative Programs & Services | Short-Term Case Management | Outreach & Advocacy Initiatives | Healthy Harvest Farm & Greenhouse
Workforce Skills Development Institute | Nutrition Pathways Program | Efficient Food Collection and Distribution

Melville | Uniondale | Brentwood | Calverton | 516-294-8528 | 631-873-4775 | www.islandharvest.org